

Elizabeth Davis - research notes

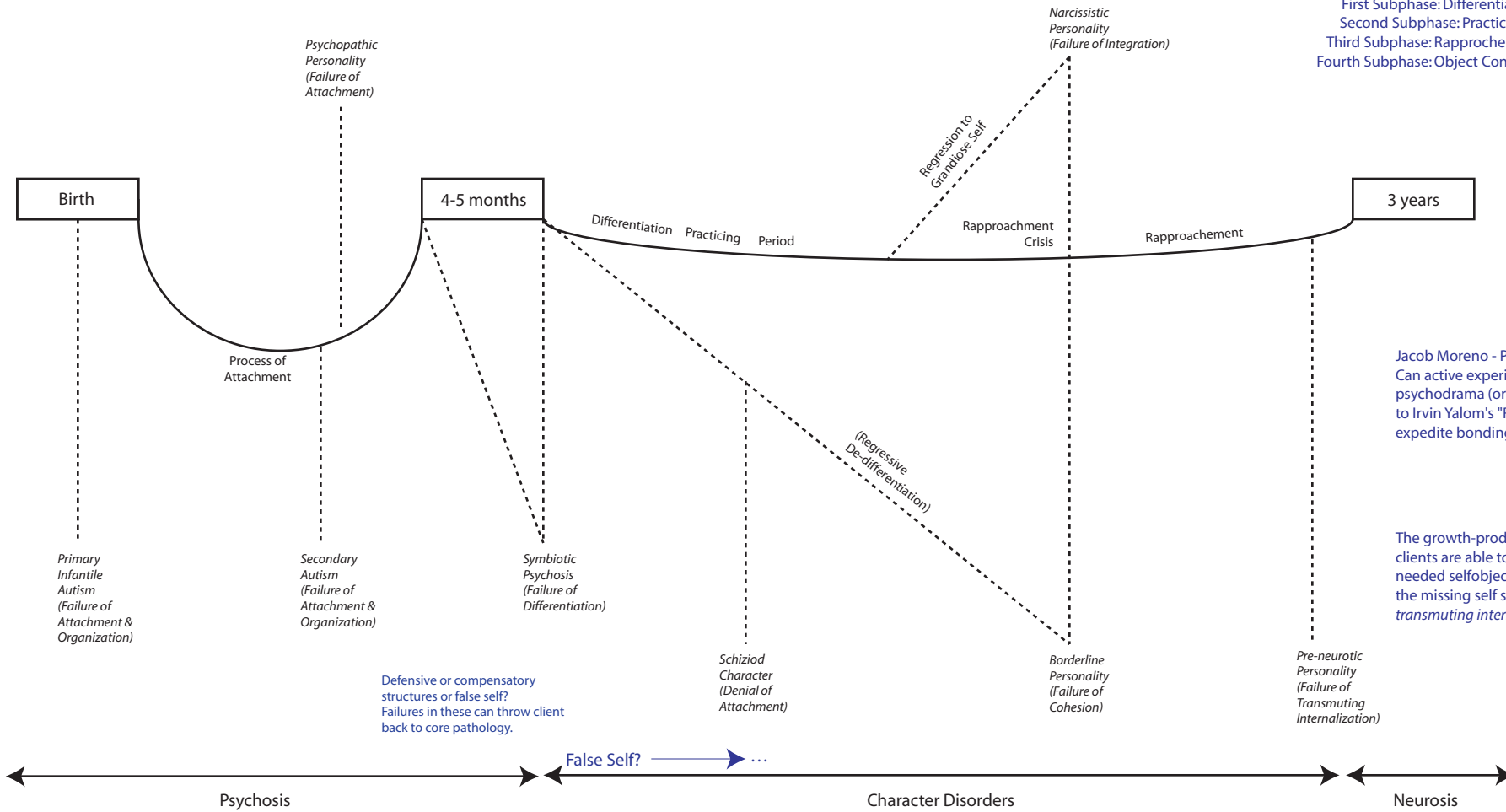
Stages & Processes in Early Object Relations & Resulting Pathologies (p. 37)

Horner, A. (1984) Object Relations and the Developing Ego in Therapy. New Jersey: Jason Aronson Inc.

Margaret Mahler's Theory of Development

Normal Autistic Phase Birth to 4 weeks
 Normal Symbiotic Phase 4 weeks to 5 months
 The Subphases of Separation-Individuation Proper

First Subphase: Differentiation - 5 to 10 months
 Second Subphase: Practicing -- 10 to 16 months
 Third Subphase: Rapprochement -- 16 to 24 months
 Fourth Subphase: Object Constancy -- 24 to 36 months



Jacob Moreno - Psychodrama
 Can active experiencing through psychodrama (or something similar to Irvin Yalom's "Reflective Team") expedite bonding & ego repair?

The growth-producing process by which clients are able to internalize the needed selfobject functions and to acquire the missing self structure is termed *transmuting internalization*.

The major theme of Vygotsky's theoretical framework is that social interaction plays a fundamental role in the development of cognition. Vygotsky (1978) states: "Every function in the child's cultural development appears twice: first, on the social level, and later, on the individual level; first, between people (interpsychological) and then inside the child (intrapyschological). This applies equally to voluntary attention, to logical memory, and to the formation of concepts. All the higher functions originate as actual relationships between individuals." (p. 57).

A second aspect of Vygotsky's theory is the idea that the potential for cognitive development depends upon the "zone of proximal development" (ZPD): a level of development attained when children engage in social behavior. Full development of the ZPD depends upon full social interaction. The range of skill that can be developed with adult guidance or peer collaboration exceeds what can be attained alone.

Vygotsky's theory was an attempt to explain consciousness as the end product of socialization. For example, in the learning of language, our first utterances with peers or adults are for the purpose of communication but once mastered they become internalized and allow "inner speech".

Vygotsky, L.S. (1978). Mind in Society. Cambridge, MA: Harvard University Press.

Evolution of the Ego - The Kabbalah
 -Reb Yakov Leib HaKohain
<http://www.donmeh-west.com/evolvego.shtml>

- STAGE 1: ~
- STAGE 2: ()
- STAGE 3: (o)
- STAGE 4: () o
- STAGE 5: () ----> o
- STAGE 6: () o
- STAGE 7: () <---- o
- STAGE 8: () o
- STAGE 9: (o)
- STAGE 10: ()
- STAGE 11: ~